

Information



Welcome to Parklands Medical

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information regarding our medical practice. Please keep it in a safe place.

Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Prescriptions
- + Referrals
- + Men's Health
- + Sexual Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Specialists

Doctors

Dr. Janita Terblanche, Dr. Zara Bolam
Dr. Nelia Lourens

Nurse

Sian, Robyn

Administration

Cranlee (Practice Manager), Kevine
Alex, Nicayla

Fees

Registered Patients

0 — 13 Years	\$0.00
14 — 17 Years	\$17.60
18 — 64 Years	\$40.70
65+ Years	\$38.50

CSC Holders

14 — 17 Years	\$13.00
18+ Years	\$19.00

Other Consultations

Nurse Consult	\$20.00
ACC Consult	\$30.00

Repeat Prescriptions

Collected	\$15.00
Faxed	\$20.00

Standard consultations are 15 minutes. Longer consultation times may be available.

After Hours Care

Emergency cover is provided by Phoenix Urgent Doctor — 95 Vivian Street, (06) 759 4295 — which is open 7 days from 8:30AM to 8PM

After hours care is also available from Medicross — (06) 759 8915.

Enrolment

Enrolling is free and voluntary. If you choose not to enrol you can still receive health care services from your chosen GP, general practice or primary health care services provider.

Advantages of enrolling are that your visits to the doctor will be cheaper and you will have direct access to a range of services linked to the PHO.



Emergency cover is provided by Phoenix Urgent Doctor. They are located at 95 Vivian Street and are open 7 days a week, from 8:30AM to 8PM. You can call them on (06) 759 4295.

Appointments

Please ring **(06) 755 0422** for an appointment.

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority.

Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away.

Longer consultation times may be available. Charges apply.

Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments.

Fees for enrolled and registered patients are subsidised by the Government for various age groups and services listed at the practice.

Please ask our reception staff for more information.

Repeat Prescriptions

We are happy to issue repeat prescriptions.

However, we ask that you give us as much advance notice as possible.

Repeat prescriptions do incur a charge and the doctor may need to see you prior to issuing for clinical and/or legal reasons — especially if you are not seeing your regular GP.

Please ask our reception staff for more information.

Patient Portal

ManageMyHealth is a secure online tool that lets patients manage their health in a modern and convenient manner. Registering is free and simple. Sign up at your next appointment or call us on **(06) 755 0422**. Our reception staff can guide you through the process, and verify your identity, with ease.

Health Literacy

We're using Facebook to help improve health understanding in our community.

Search 'Parklands Medical' the next time you're browsing and join our online community. We're constantly sharing useful tips on how to stay healthy.

Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

General Information:

Parklands Medical
188 Parklands Avenue
Bell Block
New Plymouth 4312
New Zealand

Ample parking is available in the carpark outside the practice. Street parking is also available.

A pharmacy is located in the same shopping centre as the practice.

Please dial 111 in emergencies.

Weekdays — 8:30AM to 5PM
Weekends — closed

Phone: (06) 755 0422
Fax: (06) 920 3775

reception@parklandsmedical.co.nz

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